

Principle Medical Services

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Your Medical Examination

You have been requested to have an insurance medical and must have a number of questions regarding this. We enclose this information sheet of the most frequently asked questions. If you require any further clarification or have any other query you would like answering, please do not hesitate to contact our offices where one of our Key Account Advisers will be happy to help you.

Q. What is involved in an insurance medical?

A. You will be asked questions regarding your personal and family medical history. The examination includes height, weight and girth, blood pressure, lung function. The chest, heart and abdomen will be checked as will the veins, reflexes, eyes and ears. You will be required to pass a urine sample at the examination so this can be tested for any abnormality.

Q. How long will it take?

A. The examination should take between 30 – 40 minutes, however if any additional tests have been requested it may take a little longer.

Q. What happens to the report and any samples taken at the examination?

A. The report will be returned to The Chief Medical Officer at Principle Medical Services and any samples will be sent to a CPA accredited laboratory for analysis. The results will in turn be sent to our Chief Medical Officer.

Q. Can I have a copy of the report?

A. If you contact your insurance company they will be happy to advise you of the appropriate course of action.

Q. Will I have to pay for the examination?

A. The cost of the medical will be met by our company.

Q. Will I have to take off any of my clothes?

A. It is generally accepted that for some aspects of the examination your outer garments will need to be removed. We recommend that you ask that a chaperone be provided if one has not automatically been called for. If at anytime you feel uncomfortable please ask the examining doctor to stop.

Q. Can I take my own chaperone with me?

A. Yes, you are welcome to take a friend or relative with you should you so wish.